

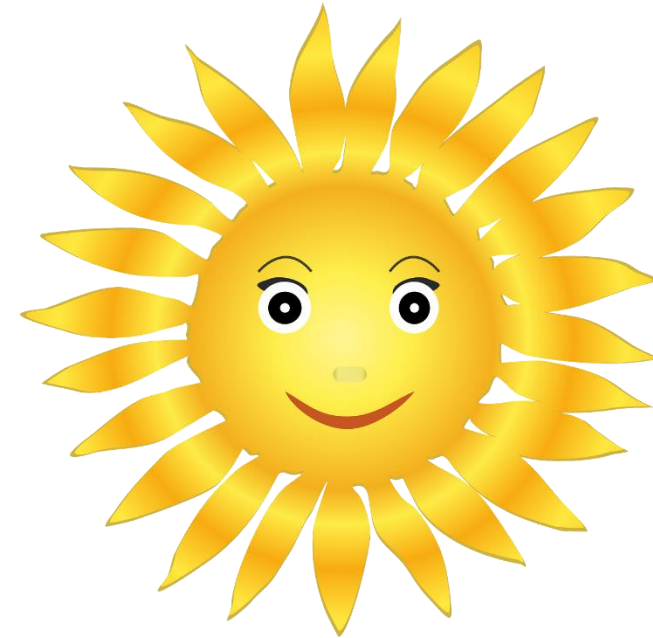
Dentists	
Disley Dental Centre	01663 765583
Damian O'Connor Dental Practice	01663 762555
Doctors	
The Schoolhouse Surgery Patient Participation Group	01663 762484 / 764488
High Lane Medical Centre	01663 762222
Sett Valley Medical Centre (New Mills)	
Leisure Centres	
Macclesfield Leisure Centre	01625 383981
New Mills Leisure Centre	01663 748842
Poynton Leisure Centre	01625 876442
Physiotherapy	
Fountain Square Physiotherapy Clinic (includes fitness classes)	01663 764864
Podiatry	
Disley Podiatry Clinic	01663 765571

DISLEY ACTIVITIES FOR MIND AND BODY

healthwatch
Cheshire East

Share your experiences of health or social care services, whether good or bad, and help shape your local health services.

Phone 03300 882843 or on-line at:
www.healthwatchcheshireeast.co.uk



Disley Parish Council
Phone: 01663 762726
Email: admin@disleyparishcouncil.org.uk
Website: www.disleyparishcouncil.org.uk

Activity	Contact details	Additional information
Allotments (Greystones, Newtown, Hagg Bank, Springfield)	Mrs Marie Iddon 01663 764311 mp.iddon@btconnect.com	Allotments managed by Disley Parish Council 01663 762726 admin@disleyparishcouncil.org.uk
Community Bus Trips	Helen Richards at Disley Parish Council 01663 762726 admin@disleyparishcouncil.org.uk	All welcome – one off membership fee £1.00
Community Centre	Helen Richards at Disley Parish Council 01663 762726 admin@disleyparishcouncil.org.uk	Room available to hire at competitive rates
Coffee Mornings	Run by various societies and organisations	Every Saturday morning from 9.30am to 12 noon in Community Centre
Disley Library	01625 374717 www.cheshireeast.gov.uk/libraries	Tue & Wed 9am-5pm, Friday 1.30pm-7pm, Sat 9.30am-1pm
Exercise / Sports		
Disley Amalgamated Sports Club	01663 763092 www.disleysport.org	
Disley Football Club	Dave Branton 01663 742252	
Disley Golf Club	01663 764001	
Disley & New Mills Angling Club	Mr Ian Gould membership@dnmac.org.uk	
Early Morning Sports Club	Paul Smith 07917 524559	
Ram's Head Bowling (men)	David Twigg 07712 649822 Kevin Breegan 07525 614473	
Ram's Head Bowling (women)	Jean Oakley 01663 763108 disleyoakley@gmail.com	
Tai Chi	Xianglin Li 07500 827965 www.taichiforlife.co.uk	Monday afternoons from 2.00pm-3.00pm in Community Centre. Drop in sessions.
Organisations and Societies		
Disley Arts Society	Godfrey Matthews 01663 765502	Every Monday from 9.00am-12.30pm at Friends' Meeting House, Ring O'Bells Lane
Disley Bridge Club	Ron Hopwood 0161 483 6786 ron_hopwood@btinternet.com	Every Tuesday evening from 7.30pm-10.00pm in Community Centre
Disley Community Choir	Marie Morgan 01663 765454 mlmorgan@talktalk.net	
Disley Community Gospel Choir	Sam Lewens samlebens@me.com	
Disley Complementary Therapies	Lisa Robinson-Hall 07779 256162 dr.lisarobinson@gmail.com	Clinical reflexologist, energy therapist, meditation teacher

Disley Cuppa an' a Chat	Norma Raynor 01663 764028	Every Wednesday morning from 10.00am-12 noon Film show on 3 rd Friday in the month from 2.00pm-5.00pm
Disley & District Flower Club	Sheila Kay 0161 427 7574 sheila_kay@btinternet.com	Second Wednesday of each month (except August) at 7.30 pm in High Lane Village Hall
Disley Footpaths Society	Tony Jackson 01663 764489 a.r.jackson@talktalk.net	
Disley & Lyme Horticultural Society	Les Matthews 07860 954405 les.matthews10@gmail.com	Website: dlhs.weebly.com
Disley Ladies Handycraft Circle	Mrs B Poole 01663 762160	Thursday afternoons from 1.45pm-3.45pm in Community Centre
Disley Ladies Luncheon Club	Diane Guy 01663 764308	Disley Ladies Luncheon Club
Disley Ladies Probus Club	Diane Bradley 0161 487 2395	Monthly meeting on Monday from 10.15am-12.15pm in Community Centre
Ear we go (ear micro-suction)	Fiona Roscoe 07757-924401 Fiona_roscoe@hotmail.com	Day, evening, weekend appointments at home, Disley Podiatry Clinic, residential homes
Local History Society	Barbara Roberts 01663 766992	Monthly meeting on Thursday from 7.00pm-9.30pm in Community Centre
Long Table Lunches	Anita Blower 01663 764175	Last Friday of each month from 11.00am-2.00pm in Community Centre
Mindfulness Workshops	Annabel Ashley 07956 654473 Annabelashley888@gmail.com	Thursday evenings from 7.00pm-9.00pm in Community Centre Check for workshop dates.
PRIDE	Diane Guy 01663 764308	Monthly meeting, usually on first Monday at 7.30pm
Disley & District Probus Club (Men)	Bob Harrison 01663 732649	Second & Fourth Monday of each month from 9.45am-12.30pm in Community Centre
St Mary's Guild of Bell Ringers	Liz Simpson 01663 762156	
Towpath Action Group	Tony Jackson 01663 764489 a.r.jackson@talktalk.net	
Well Dressing	Diane Guy 01663 764308	
Women's Institute (Disley Branch)	Paula Bradbury 01663 766062 paulayvonnebradbury@gmail.com	Fourth Monday of each month in Community Centre. Doors open at 7.00pm for socialising, meeting starts at 7.30pm
Workers' Educational Association	Rosemary Broadhurst 01625 877255 rose@rosiegarden.com	
Yoga for Wellbeing	Lyn Abbott 07734 762748	Tuesday 10am-11.15am and Thursday 10.15am-11.45am at Friends Meeting House, Disley