

<b>Dentists</b>	
Disley Dental Centre	01663 765583
Damian O'Connor Dental Practice	01663 762555
<b>Doctors</b>	
The Schoolhouse Surgery Patient Participation Group	01663 762484 / 764488
High Lane Medical Centre	01663 762222
Sett Valley Medical Centre (New Mills)	
<b>Leisure Centres</b>	
Macclesfield Leisure Centre	01625 383981
New Mills Leisure Centre	01663 748842
Poynton Leisure Centre	01625 876442
<b>Physiotherapy</b>	
Fountain Square Physiotherapy Clinic (includes fitness classes)	01663 764864
<b>Podiatry</b>	
Disley Podiatry Clinic	01663 765571

# DISLEY ACTIVITIES FOR MIND AND BODY

**healthwatch**  
Cheshire East

*Share your experiences of health or social care services, whether good or bad, and help shape your local health services.*

Phone 03300 882843 or on-line at:  
[www.healthwatchcheshireeast.co.uk](http://www.healthwatchcheshireeast.co.uk)



**Disley Parish Council**  
**Phone:** 01663 762726  
**Email:** [admin@disleyparishcouncil.org.uk](mailto:admin@disleyparishcouncil.org.uk)  
**Website:** [www.disleyparishcouncil.org.uk](http://www.disleyparishcouncil.org.uk)

Activity	Contact details	Additional information
<b>Allotments</b> (Greystones, Newtown, Hagg Bank, Springfield)	Mrs Marie Iddon 01663 764311 <a href="mailto:mp.iddon@btconnect.com">mp.iddon@btconnect.com</a>	Allotments managed by Disley Parish Council 01663 762726 <a href="mailto:admin@disleyparishcouncil.org.uk">admin@disleyparishcouncil.org.uk</a>
<b>Community Bus Trips</b>	Helen Richards at Disley Parish Council 01663 762726 <a href="mailto:admin@disleyparishcouncil.org.uk">admin@disleyparishcouncil.org.uk</a>	All welcome – one off membership fee £1.00
<b>Community Centre</b>	Helen Richards at Disley Parish Council 01663 762726 <a href="mailto:admin@disleyparishcouncil.org.uk">admin@disleyparishcouncil.org.uk</a>	Room available to hire at competitive rates
Coffee Mornings	Run by various societies and organisations	Every Saturday morning from 9.30am to 12 noon in Community Centre
<b>Exercise / Sports</b>		
Disley Amalgamated Sports Club	01663 763092 <a href="http://www.disleysport.org">www.disleysport.org</a>	
Disley Football Club	Dave Branton 01663 742252	
Disley Golf Club	01663 764001	
Disley & New Mills Angling Club	Mr John Ling 07789 101516 <a href="mailto:membership@dnmac.org.uk">membership@dnmac.org.uk</a>	
Early Morning Sports Club	Paul Smith 07917 524559	
Ram's Head Bowling (men)	David Twigg 07712 649822 Kevin Breegan 07525 614473	
Ram's Head Bowling (women)	Jean Oakley 01663 763108 <a href="mailto:disleyoakley@gmail.com">disleyoakley@gmail.com</a>	
Tai Chi	Xianglin Li 07500 827965 <a href="http://www.taichiforlife.co.uk">www.taichiforlife.co.uk</a>	Monday afternoons from 2.00pm-3.00pm in Community Centre. Drop in sessions.
<b>Organisations and Societies</b>		
Disley Arts Society	Godfrey Matthews 01663 765502	Every Monday from 9.00am-12.30pm at Friends' Meeting House, Ring O'Bells Lane
Disley Bridge Club	Ron Hopwood 0161 483 6786 <a href="mailto:ron_hopwood@btinternet.com">ron_hopwood@btinternet.com</a>	Every Tuesday evening from 7.30pm-10.00pm in Community Centre
Disley Community Choir	Marie Morgan 01663 765454 <a href="mailto:mlmorgan@talktalk.net">mlmorgan@talktalk.net</a>	
Disley Community Gospel Choir	Sam Lewens <a href="mailto:samlewens@me.com">samlewens@me.com</a>	
Disley Complementary Therapies	Lisa Robinson-Hall 07779 256162 <a href="mailto:drlisarobinson@gmail.com">drlisarobinson@gmail.com</a>	Clinical reflexologist, energy therapist, meditation teacher

Disley Cuppa an' a Chat	Norma Raynor 01663 764028	Every Wednesday morning from 10.00am-12 noon Film show on 3 <sup>rd</sup> Friday in the month from 2.00pm-5.00pm
Disley & District Flower Club	Sheila Kay 0161 427 7574 <a href="mailto:sheila_kay@btinternet.com">sheila_kay@btinternet.com</a>	Second Wednesday of each month (except August) at 7.30 pm in High Lane Village Hall
Disley Footpaths Society	Tony Jackson 01663 764489 <a href="mailto:a.r.jackson@talktalk.net">a.r.jackson@talktalk.net</a>	
Disley & Lyme Horticultural Society	Les Matthews 07860 954405 <a href="mailto:les.matthews10@gmail.com">les.matthews10@gmail.com</a> <a href="http://dlhs.weebly.com">dlhs.weebly.com</a>	
Disley Ladies Handycraft Circle	Mrs B Poole 01663 762160	Thursday afternoons from 1.45pm-3.45pm in Community Centre
Disley Ladies Luncheon Club	Diane Guy 01663 764308	Disley Ladies Luncheon Club
Disley Ladies Probus Club	Diane Bradley 0161 487 2395	Monthly meeting on Monday from 10.15am-12.15pm in Community Centre
Local History Society	Barbara Roberts 01663 766992	Monthly meeting on Thursday from 7.00pm-9.30pm in Community Centre
Long Table Lunches	Anita Blower 01663 764175	Last Friday of each month from 11.00am-2.00pm in Community Centre
PRIDE	Diane Guy 01663 764308	Monthly meeting, usually on first Monday at 7.30pm
Disley & District Probus Club (Men)	Bob Harrison 01663 732649	Second & Fourth Monday of each month from 9.45am-12.30pm in Community Centre
St Mary's Guild of Bell Ringers	Liz Simpson 01663 762156	
Towpath Action Group	Tony Jackson 01663 764489 <a href="mailto:a.r.jackson@talktalk.net">a.r.jackson@talktalk.net</a>	
PRIDE Well Dressing	Diane Guy 01663 764308	
Women's Institute (Disley Branch)	Paula Bradbury 01663 766062 <a href="mailto:paulayvonnebradbury@gmail.com">paulayvonnebradbury@gmail.com</a>	Fourth Monday of each month in Community Centre. Doors open at 7.00pm for socialising, meeting starts at 7.30pm
Workers' Educational Association	Rosemary Broadhurst 01625 877255 <a href="mailto:rose@rosiegarden.com">rose@rosiegarden.com</a>	
Yoga for Wellbeing	Lyn Abbott 07734 762748	Tuesday 10am-11.15am and Thursday 10.15am-11.45am at Friends Meeting House, Disley